

Throughout the fall we will be randomly selecting 150 students off our network and treating them to a FREE lunch! No purchase is necessary, but you must be registered for an account with the Lunch Lady. Don't have an account? Go to www.thelunchlady.ca ORDER NOW and sign up to be eligible.

Healthy Meals. Made Simple.

has been committed to making lunchtime better for kids at school. Lunches are prepared daily in our local community kitchens.

Menu options include many "kid and parent approved" Smarter Meals, classics and favourites, meeting all nutritional guidelines for a fully balanced meal.

Vegetarian, gluten-free and allergy aware options

Go to thelunchlady.ca ORDER NOW to

Please contact us with any questions.

ADD A SIDE

Wookie Cookie

\$1.25

Apple Juice

\$1.25

...and more online!

For 25 years, The Lunch Lady, a Canadian company,

set up your account and order online. Select the 'Blast Off" Menu.

are also available.

Lady.ca

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BLAST OFF!

Flying

Nachos &

Carrot Rockets

\$5.00

Sign up and order at thelunchlady.ca

Our school meals are served in delivery-friendly packaging. Interested in the Lunch Lady as a business opportunity or a great place to work? Go to thelunchlady. *Full rules and conditions online.

COME WITH A FREE SPORK! While quantities last.

Space Dog & Carrot

Rockets

\$5.00

Galactic Grilled

Cheese & Carrot

Rockets

\$5.00



Your Community Lunch Lady is... laurie@thelunchladv.ca